

WEEKLY MENU

Early Years Week commencing 11th February

Monday

Main dish

Pasta with tomato sauce

Vegetarian option

Pasta with tomato sauce

Side dishes

Sweetcorn
Grated cheese

Dessert

Fresh fruit platter and
yoghurt

Tuesday

Main dish

Beef and leek stew

Vegetarian option

Quorn and leek stew

Temping Tasting Tuesday

Roasted root veg

Side dishes

Steamed new potatoes

Dessert

Raisin and orange muffins

Wednesday

Main dish

Jerk chicken

Vegetarian option

Quorn jerk chicken

Side dishes

Rice and peas
Broccoli

Dessert

Peach crumble and custard

Thursday

Main dish

Pork meatballs in a tomato
sauce

Vegetarian option

Quorn balls in a tomato
sauce

Side dishes

Spaghetti
Peas

Dessert

Fresh fruit platter and
yoghurt

Friday

Main dish

Oven baked fish fingers

Vegetarian option

Vegetable frittata

Side dishes

Chipped potatoes
Baked beans

Dessert

Lemon oat biscuit