

WEEKLY MENU

Years 1-2 Week commencing 11th February

Monday

Dish of the day

Quorn chili con carne

Vegetarian option

Mexican bean pot

Sides

Homemade breads, braised
rice, steamed cauliflower
Green beans

Raw salads

Mixed leaves
Tomato
Cucumber
Grated carrot
Crudities

Dessert

Selection of fresh fruits
& yogurt selection

Drinks

Fresh milk & water

Tuesday

Dish of the day

Braised beef stew

Vegetarian option

Potato & spinach frittata

Sides

Homemade breads
Creamy mash, glazed carrots
Garden peas

Raw salads

Mixed leaves
Tomato
Cucumber
Grated carrot
Crudities

Dessert

Selection of fresh fruits
& yogurt selection

Drinks

Fresh milk & water

Wednesday

Dish of the day

Lemon thyme chicken

Vegetarian option

Quorn & vegetable lasagne

Sides

Homemade breads
Roast potatoes, green beans
Roasted Squash

Raw salads

Mixed leaves
Tomato
Cucumber
Grated carrot
Crudities

Dessert

Mixed jelly pots
Selection of fresh fruits
& yogurt selection

Drinks

Fresh milk & water

Thursday

Dish of the day

West Indian lamb curry

Vegetarian option

Jerk black bean stew

Sides

Homemade breads
Rice & peas, Green beans
Roasted cauliflower

Raw salads

Mixed leaves
Tomato
Cucumber
Grated carrot
Crudities

Dessert

Selection of fresh fruits
& yogurt selection

Drinks

Fresh milk & water

Friday

Burger bar

Breaded jumbo fish fingers

Vegetarian option

Aubergine parmigiana

Sides

Homemade breads
Chips
Ratatouille
Minted peas

Raw salads

Mixed leaves
Tomato
Cucumber
Grated carrot
Crudities

Dessert

Selection of fresh fruits
& yogurt selection

Drinks

Fresh milk & water