



# **CLUBS and ACTIVITIES**

Middle & Upper School Autumn 2023

# INTRODUCTION

#### **Dear Parents**

I am pleased to be able to send you the Autumn 2023 Dulwich Prep London co-curricular on-line booklet.

Participation in the co-curricular programme at Dulwich Prep London is designed to be inclusive and is strongly encouraged and valued, so we hope that the boys will take advantage of the clubs and activities on offer. As part of our All Rounder Award, Middle and Upper School boys should aim to choose clubs that will incorporate a range of skills and help them work towards their All Rounder Award.

The All Rounder Award requires boys to:

- 1. Take part in at least 3 of the 5 activity categories offered over the course of the year
- 2. Take part in a minimum of 2 clubs per term
- 3. Be present in at least 80% of the club sessions offered once they have been allocated

This booklet contains a comprehensive timetable of clubs and activities that will run over the course of the year. Please note that:

- 1. Clubs will be allocated ONE term at a time and boys may be invited back for a second term if there is space.
- 2. Once enrolled in a paid club and offered a place, the fee is non-refundable (if not cancelled prior to the start of the term) and boys are expected to complete the programme.
- 3. Breakfast club charges will be charged at a flat rate regardless of the number of sessions attended as the catering company will prepare food based on the numbers given to them at the start of term.
- 4. Boys invited to invitational music groups are expected to attend these all year round

# The online booking link will close on 1st August 2023

Please read through the club information at the end of the booklet in order to gain an idea of what each club involves, taking note of the club timings and of clubs with additional charges.

Any boys who are not allocated an after school club will definitely be able to find a place in Prep Class until 5.00pm on any day.

# **INSTRUMENTAL LESSONS, MUSIC GROUPS AND CLUBS**

Although the music team will do their best to accommodate club commitments within the instrumental timetables, it is not always possible and sometimes it will be necessary to miss a club occasionally for an instrumental lesson. If a boy has a fixed lesson time (to accommodate a 2nd or 3rd study) or plays in a weekly invitational music group, it is important to contact the music team before signing up to any other club which also takes place at that time. Please try not to select clubs that clash with music groups. For any queries please contact <a href="mailto:musicadmin@dulwichpreplondon.org">musicadmin@dulwichpreplondon.org</a> or visit the Music Hub at <a href="mailto:dulwichpreplondon.org/musichub">dulwichpreplondon.org/musichub</a>

# **CLUB START AND END DATES**

Start Monday 11th September 2	2023
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End Friday 8th December 2023

Click HERE to complete the club sign up.

**Dennis Spammer** 

These are the categories of clubs on offer:

Sport
Music
Creative
Option
Academic & Cognitive Enrichment

# **MONDAY**

TIME	CLUB	TEACHER	ROOM
Before School 07.00	Small Group Cricket ££	Mr. Clark	Sports Hall
	Dodgeball - Year 6	Mr. Monteith	Sports Hall
	Wind Quintet*	Mrs Meredith	Various
Break time	String Quartet - Year 8 *	Mr. Hewitt-Jones	Purcell
10.20 - 10.45	I5-Minute Meals - Year 8 ££	Miss Doods	Cookery
	History Club - Years 5 & 6	Miss Mekaouar	RIO
	Science Club - Years 5 & 6	Miss Bishop	PI
Lunch 12.20 - 12.50	Junior Concert Band *	Mr. Goldie-Scot	Concert Hall
After School 4.00 - 5.00	Junior Orchestra*	Mr. Goldie-Scot/ Mrs Down	Concert Hall
	Squash Club - Years 5 - 8 ££ (until 17.15)	Mr. Whitehead	Trevor Bailey
	Year 5 Cricket ££	Mr. Clark	Sports Hall
	Junior Swim Squad (Years 5 & 6) until 5.30pm	Mr. Durling/ Mr. Murphy	Swimming Pool
	Cookery Club - Year 7 ££	Miss Doods	Cookery
	Improv Comedy Club Year 5 & 6 ££	External Instructor	Drama Studio
	Prep Class	Middle School Upper School	R5 R8

# **TUESDAY**

TIME	CLUB	TEACHER	ROOM
Before School 07.00	Running Club - Years 3 - 8 ££ (7.00am start)	Mr. Murphy/ Mr. Whitehead	Mary Datchelor
	Small Group Cricket ££	Mr. Clark	Sports Hall
07.50	Cello Group*	Mr. Hewitt-Jones	Purcell
	Book Club - Years 5 & 6	Ms. Jasiewicz	Library
	Dodgeball - Year 5	Mr. Spammer	Sports Hall
	Lego Club - Years 5 - 8	Miss McElroy	Library
	Table Tennis - Years 5 & 6	Mrs Griffins	Sports Hall Gallery
	Chamber Choir *	Mr. Brooke	Concert Hall
Break time 10.20 - 0.45	15-Minute Meals - Year 6 ££	Miss Doods	Cookery
10.20 - 0.15	Coding Club - Years 5 - 8	Mr. Pearce	ICT
	Amnesty International - Years 5 - 8	Ms Fortin	L2
	Spanish Club - Year 7 & 8	Mr. Gooding	L4
	Science Club - Years 7 & 8	Miss Bishop	PI
Lunch	Senior Concert Band*	Mr. Brooke	Concert Hall
12.20 - 12.50	String Quartet - Year 7*	Mrs Hewitt-Jones	Vaughan Williams
Lunch 1.20 - 1.50	String Quartet - Year 6 *	Mrs Hewitt-Jones	Vaughan Williams
3.20 - 3.50	Year 7 String/Wind Quartet	Mrs Hewitt-Jones	Vaughan Williams
	Big Band*	Mr. Brooke/ Mr. Goldie-Scot	Concert Hall
	Squash Club - Years 5 - 8 ££ (until 17.15)	Mr. Hipkins	Trevor Bailey
	Fencing - Years 5 - 8 ££	External Instructor	Sports Hall Gallery
	Climbing - Years 5 - 8 ££	External Instructor	Sports Hall
	Cookery Club - Year 6 ££	Miss Doods	Cookery
After School 4.00 - 5.00	Improv Comedy Club Year 7 & 8 ££	External Instructor	Drama Studio
4.00 - 5.00	Art Club - Years 5 - 8	Mr. Papps	Art Room
	Chess Club - Years 3 - 8 ££	External Instructor	G1,G2,G3
	Young Writers Club - Years 6 - 8	Miss Clay	English Floor
	Year 8 English	Ms Magee/Mrs Alessio	English Floor
	Prep Class	Middle School Upper School	R5 R8
5.15 - 6.15	Year 7 Cricket ££	Mr. Clark	Sports Hall

# **WEDNESDAY**

TIME	CLUB	TEACHER	ROOM
Before School 07.00	Basketball Club - Years 7 & 8 ££	Mr. Tarrant	Sports Hall
7.50 - 8.10	Senior Choir	Mr. Brooke	Concert Hall
	Darts Club - Years 5 & 6	Mr. Thurloway	R2
	Dodgeball - Year 7	Mr. Gooding	Sports Hall
	Putting Club - Years 7 & 8 ££	Miss McElroy	Sports Hall Gallery
	LED Light Sabre - Years 5 - 8 ££	External Instructor	Drama Studio
Break time	Brass Group *	Mr. Goldie Scot	Holst
10.20 - 10.45	Double Bass Group*	Mr. Moss	Elgar
	Cello Group (Years 5 & 6)*	Mr. Woollard	Purcell
	15-Minute Meals - Year 7 ££	Miss Doods	Cookery
	Spanish Club - Years 5 & 6	Miss Cornevin	L3
	Language Ambassadors - Years 6 - 8	Ms Fortin	L2
	STEM Club - Years 7 & 8	Miss Mitchen	P2
Lunch 11.50 - 12.20	Jazz Band - Years 5 & 6 *	Mr. Brooke	Concert Hall
	Golf Club - Years 5 - 8 ££	Mr. Irvin	Dulwich & Sydenham
	Drumming - Years 5 – 8	Mr. Simmonds	Music School Foyer
	Water Polo - Years 5 & 6 ££	External Instructor	Pool
	Badminton - Years 5 - 8 ££	External Instructor	Sports Hall
	Climbing - Years 5 - 8 ££	External Instructor	Sports Hall
	Tennis Years 5 - 8 ££ (4.15 - 5.15)	Mr. Crane	Old College Tennis Club
	DT Club ££ - Years 5 & 6	Miss Elton	DT
After School	Art Enthusiast & Scholarship Preparation	Mr. Papps	ART
4.00 - 5.00	Cookery Club - Year 8 ££	Miss Doods	Cookery
	Parliament & Law - Years 7 & 8	Mr. Gordon	R9
	Greek Club - Years 7 & 8	Mr. Matten	GI
	Touch Typing - Years 5 - 8 ££	External provider	ICT Suite
	Geography Club - Years 7 & 8	Miss Weller	RI2
	Latin Catch up/Extension – Years 7 & 8	Mrs Lindner	RII
	Prep Class	Middle School Upper School	R5 R8
	Water Polo - Years 7 & 8 ££	External Instructor	Pool
5.15 - 6.15	Year 6 Cricket ££	Mr. Clark	Sports Hall

# **THURSDAY**

TIME	CLUB	TEACHER	ROOM
Before School 07.00	Fitness Club- Years 5 - 8 ££	Miss Taylor	Sport Hall
07.50	Rock Band*	Miss Simmons	Walton
	Book Club - Years 7 & 8	Ms. Jasiewicz	Library
	Darts Club - Year 7 & 8	Mr. Thurloway	R2
	Dodgeball - Year 8	Mr. Topham	Sport Hall
	LED Light Sabre - Year 5 - 8 ££	External Instructor	Drama Studio
	Snooker Club - Years 5 & 6	Mr. Fielder	Room 4
Break time 10.20 - 10.45	Piano Duet"	Mr Goldie-Scot	Concert Hall
	Table Tennis - Years 7 & 8	Ms Griffins	Sports Hall Gallery
	I5-Minute Meals - Year 5 ££	Miss Doods	Cookery
	History Club - Years 7 & 8	Miss Mekaouar	RI0
	Maths Club - Years 5 - 8	Mr. Weale	R3
Lunch 12.50 - 1.20	Chamber Strings*	Mrs Hewitt-Jones	Concert Hall
	Judo - Years 3 - 8 ££	External Instructor	Sports Hall Gallery
	Gymnastics - Years 3 - 8 ££	External Instructor	Sports Hall
	Skateboarding Club - Years 5 - 8 ££	External Instructor	Playgrounds
	Senior Orchestra *	Mr. Brooke	Concert Hall
	Development Swimming - Years 3 - 6	Sports Department	Swimming Pool
After School 4.00 - 5.00	DT Club - Years 7 & 8 ££	Mrs Mortimer	DT
	Cookery Club - Year 5 ££	Miss Doods	Cookery
	Megabyte Coding Club - Years 5 - 8 ££	External Provider	ICT Suite
	Chess Club - Years 3 - 8 ££	External Instructor	G1,G2,G3
	Prep Class	Middle School Upper School	R5 R8
5.15 - 6.15	Year 8 Cricket ££	Mr. Clark	Sports Hall

# **FRIDAY**

TIME	CLUB	TEACHER	ROOM
07.00	Years 5 - 8 Yoga ££	External Instructor	Sports Hall Gallery
07.00	Small Group Cricket ££	Mr. Clark	Sports Hall
	Domino Rally Club - Years 5 - 8	Mr. Weale	R3
	Guitar Group *	Miss Simmons	Holst
	Rock Band*	Mr. Hall	Walton
	Recorder Consort*	Mrs Down	Morley
Break time 10.20 - 10.45	Swingball Club - Years 5 - 8	Miss Mekaouar	Sports Hall
	Lego robotics "SPIKE" club Years 6 & 7	Mr. Pearce	ICT
	Rubiks Cube Club - Years 5 - 8	Miss Pearson	R4
	Doc Squad - Years 5 - 8	Miss Cornevin	L3
	STEM Club - Years 5 & 6	Miss Mitchen	P2
Lunch 12.20 - 12.50	Rock Band*	Miss Simmons	Walton
Lunch 1.20 - 1.50	Year 5 Strings*	Miss Boylan/Mr. Chapman	Concert Hall
	Skateboarding Club - Years 5 - 8 ££	External Instructor	Playgrounds
	Music Scholars - Year 8*	Mr. Brooke	Concert Hall
	Senior Swim Squad - Years 7 & 8 (until 5.30pm)	Mr. Bedford/ Mr. Durling	Pool
	Karate - Years 5 - 8££	External Instructor	Sports Hall Gallery
After School 4.00 - 5.00	Climbing - Years 5 - 8 ££	External Instructor	Sports Hall
	Warhammer Club - Years 6 - 8	Mr. Gordon	R9
	Chess Club - Years 3 - 8 ££	External Instructor	G1,G2,G3
	Touch Typing - Years 5 - 8 ££	External provider	ICT Suite
	Prep Class	Middle School Upper School	R5 R8

### **CLUB INFORMATION**

# **Amnesty International**

Amnesty International is a club where students will learn about and discuss human rights. They will also raise awareness and take action on human rights issues.

#### **Art - Years 5 - 8**

Art Club is a creative program for boys of all abilities to participate in gaining an Arts Award Certificate where they will learn new skills, meet working artists, research careers of artists and pass on their skills to others. This club is ideal for those who wish to develop artistic skills across a range of practices, whilst learning about the arts in greater depth. Projects will be set too where boys will work to a theme to be exhibited around the school or at an event. (20 boys maximum)

### Art Enthusiasts and Scholarship Preparation Club

This club is by invitation only and designed to support boys who show excellent potential in Art and Middle / Upper School boys who are building portfolios of work to apply for Art Scholarships. Arts Award will be offered in this club too, which will form a vital component to any Scholarship Application. Boys wishing to join should discuss applying with the Head of Art, submit a portfolio of their work and show a willingness to build their art portfolio outside of school. (20 boys maximum)

## **Big Band**

The Big Band's reputation speaks for itself and the group is in demand both for school concerts and local events. Boys from any year in Middle and Upper School may be invited to join but it is usually a performance opportunity for boys in Upper School. The Band has won awards at national level on many occasions.

# **Book Club (Years 5 - 6) (Years 7 - 8)**

As a group the boys will decided on a book to read and discuss over the course of the term. Boys will all be issued copies of the selected book and they will be expected to be prepared in advance of each session. (6 boys for MS morning) (6 boys for US morning)

# **Chamber Groups**

Depending on given strengths within sections or year groups, any number of small chamber groups may be organised. String trios, quartets and quintets play alongside clarinet group and cello group in a variety of concerts.

# **Chamber Strings**

Boys from Years 7 - 8 may be invited to participate in this group which performs regularly in a variety of styles.

#### **Chamber Choir**

Boys from any year in Middle and Upper School may audition for our Chamber Choir which sings major services and concerts throughout the year. This group plays a fundamental role in our annual carol services and choral festivals in Southwark Cathedral. Tuesdays.

### Coding Club Years 5 and 6

This club is run on a termly basis and is open to all boys in Year 5 and Year 6. The boys get the opportunity to work through online courses and undertake small projects in computer coding. The coding tasks will start with basic block coding (e.g. Scratch) and then progress to some text-based coding (e.g. Python). (16 Boys)

#### **Darts Club**

That's a bullseye! Fancy yourself as the next Michael van Gerwen or Michael Smith? Think you could hit a nine-dart finish? Or maybe you will be able to check out double tops? Come along to practice your arrows with the soft tip darts at Darts Club. 180!

### **Development Swimming (Years 3 - 6)**

An opportunity for boys from Year 3 to 6 to develop their swimming. These sessions are aimed at boys who would like to improve their swimming to boys who would like to push for squad places. (24 Boys)

### **Doc Squad**

Come along and watch and discuss some of the interesting BBC documentaries on animals - Friday morning break in L3.

# **Dodgeball**

More fun cannot be had during break time! No limit to numbers, just turn up and play. Bring quick feet and a good aim!

# **Domino Rally**

"Get ready to rally! Start a chain reaction with this colourful set of tumbling dominoes! Building them is fun but knocking them down is even better!"

# **Drumming**

The new academic year sees the return of the ever-popular percussion group. An opportunity for our drummers and tuned percussion players to make some noise!

# **English Club**

This revision club aims to build examination techniques and strategies for any Year 8 student who would like to improve their English skills. Students undertaking exams this year are strongly encouraged to attend.

# French and Spanish Club

Come along to the French departments and take part in various activities, singing and games where we will focus on speaking, listening and interacting in French. And Spanish This club is open to all ability levels from beginner to native French speakers. In Years 5 - 6.

#### **Greek Club**

An Introduction to Ancient Greek, this club is open to any boy in Years 7 & 8 who wants to widen his understanding of the Ancient World. We will learn about the language but

also explore some of the mythological stories from Ancient Greece. Boys with scholarship aspirations and those aiming for Westminster are strongly encouraged to attend.

### **Guitar Group**

A group which enables our guitarists to get together in order to prepare items for major concerts and Assemblies.

# **History Club**

Welcome all History enthusiasts! In History Club we explore a wide variety of topics such as: history in the news; history in documentaries and feature films; historical magazines and fiction; history topics that are relevant to you and your life. The club is open to any boy in Years 5 - 8. (20 Boys)

#### Jazz Band

As well as being a preparation for entry into Big Band, the Jazz Band is a performing group in its own right and teaches boys a great deal about the origins of jazz and improvisation.

### **Junior and Senior Concert Bands**

Junior Concert Band is drawn from Years 5 and 6, with its senior relative being drawn from Years 7 and 8. Both bands play at all major Section concerts with repertoires ranging from military band marches to songs from Abba.

#### **Junior Orchestra**

The Junior Orchestra invites boys to join from Years 5 and 6 and, as well as being a major preparation ground for entry into senior flagship groups, it performs at least twice annually in Middle School concerts.

#### Latin Club

This is a one hour slot every Wednesday when Mrs Lindner is available to help boys who are struggling, or who came to Latin late, or to extend boys who are possibly aiming to take the scholarship paper in the future. In the summer term, Year 8 Scholars may want to just attend the first one or two Wednesdays, up until their exam. However, this is a good term for any boys in Year 7 who think that they may be in the scholarship class next year, to attend. Making an early start on the Year 8 Scholarship syllabus will be most useful.

## Language Ambassadors

A club for boys in Year 7 and 8 who speak a second language or have a strong interest in French or Spanish. The boys will take part in and organise a range of activities to promote languages throughout the school.

# Lego Club

A great opportunity to work together or individually, to follow instructions or be creative. Lego Club is a great opportunity to build and use your imagination.

# Lego Robotics 'SPIKE' club

Boys will work in pairs to construct Lego robots and other technical devices. Once the

robots have been built, the boys must code them using a block-based code, like Scratch. Boys must be committed to this club long term as it is hoped they will enter the Lego robotics competition in the future. (10 Boys)

#### Maths Club

For Years 5 - 8, this will entail investigating the beauty of number and patterns, problem solving and preparation for inter-school competitions. Essential for anyone looking to improve their problem-solving ability.

#### Rubik's Cube Club

A chance to learn, enjoy and share tricks and strategies.

#### Parliament and Law Club

A chance to learn how Parliament works and debates with regular Parliament style debates held.

#### **Science Club**

Can't get enough of Science experiments? Come and join Science club, where you will be completing an array of different experiments and investigations in Biology, Chemistry and Physics. (12 boys)

#### **Senior Choir**

Any boy in Middle or Upper School can sing in the Senior Choir. There are no auditions and this group joins the Chamber Choir for major services and events. The choir will sing a mixture of sacred and secular music this year.

#### **Senior Orchestra**

Senior Orchestra invites participants mainly from Years 7 and 8 with some Year 6 boys involved if they have reached the required standard. The group plays in a wide variety of styles and is regarded as one of the best orchestras in the prep school world.

#### **Snooker Club**

Pot the ball and screw back! Fancy yourself as the next Ronnie O'Sullivan? Pot as many balls as you can, beat your friends and you may become snooker champion of the term! (10 Boys)

# Spanish Club

Pop along to our break time Spanish club to get to grips with the basics of conversational Spanish. This club is open to beginners as well as those who may be taking Spanish in Years 7 and 8.

#### STEM Club

Know the next space explorer or climate change hero? Got an idea that will transform people's lives? Inspire inquisitive minds to think big, challenge facts, ask questions and invent solutions with the UK's top annual science and engineering competition. Young people are amazing – help them shine and change the world.

# Join the fun! (...and develop skills along the way)

- Build confidence and teamwork skills
- Solve problems
- Get expert feedback
- Celebrate and share your work

### **Swim Squads**

An invitational weekly club for boys to develop their competitive racing skill and compete for the school at local, regional and national competitions.

## Swingball Club

A fun, high energy game that will keep the boys on their toes! Hit the ball so it flies around the pole. It is a great way of developing hand to eye co-ordination and letting off some steam. All year groups are welcome. (16 Boys)

#### **Table Tennis**

Turn up and play with your friends. Bats and balls provided! (24 Boys)

#### **Warhammer**

One of the longest running clubs at school. A chance to build and paint your models and or play Warhammer. Senior boys usually lead the teaching so beginners welcome to give it a try. Various donated models at the club too.

### **Year 5 Strings**

As the name suggests, this group is only for boys in Year 5. It performs at all Middle School Concerts and will also participate in Assemblies and other occasions. There tends to be a slightly less formal repertoire for this group.

# Young Writers Club

Young Writers Club is the creative hub behind The DPL times, where boys write a range of articles, thought pieces and trending events for publication. Every term we enter a range of creative writing competitions and read unpublished manuscripts to give direct feedback to children's authors. Years 5-8 welcome! (20 boys)

#### **CLUB INFORMATION**

# Clubs with extra charges

#### 15 Minute Meals

A chance to rustle up some quick tasty snacks! (£50 per term) (10 Boys).

#### **Badminton**

An opportunity to learn the game, develop your skills, enjoy fun and competitive matches and climb the rankings, all under the watchful guidance of Mr. Wayne Philogene. Wayne is the founder of Crossfire Badminton and is involved in developing local badminton players of all ages and abilities in South East London. (£120 per term) (24 Boys)

#### **Basketball Club**

Basketball is a fun, energetic team sport for all ages, sizes and abilities. Boys will learn the basics, including shooting, layups, defence and dribbling. Basketball will be open to boys I Years 7 & 8, with a view to create some competitive teams in the future. (£50 per term) (20 Boys)

#### Chess

Mr. Ward offers various chess clubs over the course of the week.. Please sign up for at least 2 days so that we can move you around if sessions are over subscribed. (£130 per term) (60 Boys)

### **Climbing**

Climbing will take place on 2 afternoons a week from 4.00 - 5.00pm. The Tuesday session will be for beginners (those who have done some climbing at school or who are novices). The second session on a Friday will be for intermediate and advanced climbers. These are boys who are able to put on a harness, tie a re-threaded figure of 8 knot and belay using a Gri-Gri or other recognised device. (£120 per term) (9 Boys per session)

# **Cookery Club**

A great opportunity to develop your culinary skills and impress friends and family. The course will run over a ten week period. (£120 per term) (12 Boys)

#### **Cricket**

Our all year cricket programme is run by Mr. James Clark (ECB level 3), coaching in conjunction with Mr. Spammer. With 20 years of coaching experience at school, district and county level, he brings with him a wide range of experience. He played Kent U19 and then spent 7 years playing in the Kent Premier league winning 3 titles. Mr. Clark was involved in setting up the 1:1 and age group coaching programme at Kent C.C. This has now developed into their flagship cricket academy. He works as a cricket professional at DC since 2013 and has coached and managed all sides from Year 3 - 1st XI.

The programme will focus on improving the technical aspects of batting, bowling and fielding and prepare the boys for the start of the cricket season. The sessions are aimed at team players who are slightly more established cricketers. (£120 per term) (20 Boys)

### **DT Club (Year 5 & 6)**

The Middle school DT club will be project based and enable boys to access a wider range of DT disciplines, techniques, and materials. Including textiles, metals, wood, and plastics. They will also be introduced to more advanced specialist tools and equipment. (£100 per term) (12 Boys)

# **DT Club (Year 7 & 8)**

DT Upper School club is open to all boys who want to further develop their DT design and making skills. They will have access to both the 2D and 3D design programmes and equipment as well as the machine and hand tools. The club will provide an opportunity to practice using these tools and equipment as well as work on an architectural model-making project. It will also provide time for advice on portfolio building. (£100 per term) (12 Boys)

# **Fencing Club**

Fencing is an ideal sport for people of all ages. Fencing develops dexterity, endurance, flexibility, grace, and overall fitness. Fencing will be run by Mr. Marco Cuomo on Tuesdays and Wednesdays. (£110 per term) (12-15 Boys)

#### **Fitness Club**

An opportunity to increase personal fitness with a combination of circuit training and a bespoke fitness programmes. (£50 will be added to the school bill for breakfast which will be provided.)

#### Golf

Boys will have the chance to be coached by one of the Pros at Dulwich and Sydenham Golf Club. Boys will use both indoor and outdoor facilities. (£130) (16 Boys)

# **Gymnastics**

Gymnastics club has been running for three years and proved to be very successful. This club takes place on a Thursday from 4.00 - 5.00pm and is open to boys from Years 3 - 8. (£120 per term) (30 boys)

# **Improv Comedy Club**

Try Improv Comedy! You'll learn lots of classic improv games like Three-Headed Expert, New Choice, Channel Changer and Party Quirks plus how to play out convincing, funny scenes in the moment without a script. You'll gain all the improv basics of 'Yes, And', listening, happy failure and teamwork, while have a lot of fun. No comedy training is necessary and you don't have to be good at jokes to be a good improviser: the jokes happen naturally. (£120 per term)

### Judo

Judo is an active contact martial art, which helps develop both physical and mental skills as well as self-discipline. It is also a popular modern Olympic sport. Young Stars Judo Ltd is a mobile unit, which includes fully insured professional tuition, high impact safety mats and judo kits available to hire or buy. Your judo teacher will be Miss Josie Horton, a black belt (4th Dan) and an international Olympic semi-finalist; experienced and fully qualified in both teaching and competing at the highest levels. (£120 per term) (20 Boys)

### **Karate - London Karate Academy**

London Karate Academy is a Shotokan rooted club that prides itself on developing junior students with many successful schools in London. A combination of discipline, guidance, enjoyment, and remaining connected to its Japanese roots are what LKA makes for a successful karate club. Craig Johnston (Teacher) has 30 years experience and holds a black belt and coaching certificate with the Japan Karate Association - the world's largest and most prestigious karate organisation. Further class skills include Bo (staff) and advanced self defence skills. (http://www.londonkarateacademy.com) (£120 per term) (16 Boys)

## **LED Light-sabre Club**

LED Light-sabre Club is an introduction to swordsmanship using the latest technology. It is based on an ancient Chinese martial art which has been passed from Master to student over the centuries. (£125 per term) (10 Boys)

#### **Mandarin Club**

MANDO SCHOOL (<u>www.mandoschool.com/school</u>) teaches children Mandarin Chinese using multimedia through fun story-led adventures, role-play, games, songs, listening, speaking, reading and writing activities.

MANDO SCHOOL's programme is designed to enhance and develop children's critical thinking, problem solving, creativity, empathy, emotional and social well-being through their range of activities. This includes writing stroke orders, matching the pin yin to the correct character, karaoke, drawing what the teacher is describing in Mandarin, learning the history of China and Chinese culture, word search, cross words and so much more.

# MANDO SCHOOL focuses on teaching Children:

- Listening and understanding everyday Mandarin words and phrases.
- Learning how to communicate thoughts and opinions, as well as asking and answering questions in Mandarin.
- Performing basic comprehension skills when reading texts and stories in Mandarin.
- Learning poems, songs, stories, rhymes and games in Mandarin to help with vocabulary and cultural awareness.
- Interpreting and describing people and places with basic Mandarin sentences.

Topics include greetings, numbers, colours, family members, friends, animals, nature, seasons, weather, transport, food, drinks, emotions, locations, jobs, body parts, school, recreational, leisure, restaurants and feelings. (£130 per term) (16 Boys)

# Megabyte Club

At Megabyte club we will teach coding using Minecraft: Education Edition. The boys will be able to practice their problem solving skills whilst having fun and playing with their friends. (£120 per term) (20 Boys)

# **Putting Club**

Come along to develop your putting skills - or just to have fun. 'Holes' and obstacles will be set up in the Sports Hall Gallery. (£15 per term) (12 boys)

### **Running Club**

Running Club will take place at Mary Datchelor fields. Boys will do a mixture of cross country runs, middle distance running and interval runs. Boys will be taught about pacing and running technique. (£50 will be added to the school bill for breakfast which will be provided)

# **Skateboarding Club**

Skateboarding builds your confidence whilst having fun - and it is not as hard as it looks! The lessons will initially look at simple things like learning to step on and off the board safely, basic foot position and posture before moving on to the more exciting tricks that make this sport so exciting. (£120 per term) (10 Boys)

### Small group cricket coaching

Run by Mr.. Clark who runs our after school sessions. This session will have a maximum of 6 boys per session and focus on skill development. (£110 per term) (8 Boys)

## **S**quash

Whether you have played before or would like to pick up the racquet for the first time, you will find squash and exciting indoor sport teaching hand-eye co-ordination, agility and racquet skills all whilst having fun. Your son will be transported to the venue (which is to be confirmed) and you will need to collect him from there at 5.15pm. Sessions will run on a Monday and Tuesday. (£145 per term) (12 Boys per session)

#### **Tennis**

We will once again link up with the Old College Tennis Club on Gallery Road. The club is open to boys of all abilities. Sessions will be led by one of the club coaches who will be assisted by Mr. Crane. The sessions will start at 4.15 and run until 5.15 (on Wednesdays. Your son will be transported to the venue. You can collect him there from 5pm or collect him from school between 5.20pm and 5.30pm. (£145 per term) (12 boys)

# **Touch Typing Club**

"Typing's Cool" was set up in 2009 to teach children how to touch type and currently works with 8 - 16 year olds, including pupils of all abilities. Nick and Sarah Holt were both teachers prior to setting up the school.

"Typing's Cool" aims to teach your child how to touch type 10 - 30 words per minute with 95% accuracy. By using all ten fingers and thumbs, rather than pecking at a keyboard with two fingers, pupils can learn to type four to five times faster. The educational programmes we use have been especially designed by experts to encourage every child to learn to touch type. Developed in line with the National Curriculum, Typing's Cool also promotes spelling, writing and presentation skills. For pupils, the fun is in dodging asteroids, zapping aliens, slaying fire breathing dragons and racing Nessie, the Loch Ness monster.

This term we will offer ONLINE touch typing to those who are not offered a place in the school club. These will run from 4.30 - 5.30pm Monday to Thursday. Please contact <a href="https://www.typingscool.co.uk">www.typingscool.co.uk</a> to sign up for the online sessions. (£145 per tern) (20 Boys).

#### Water Polo

With water polo becoming ever more popular, we are delighted to welcome a dedicated water polo coach to school. Mario is a qualified swimming teacher, water polo, coach and referee. Mario compete at National level both as a swimmer and water polo player and has extensive experience bot in the UK and Spain as a coach. For the past 5 years he has been the lead coach across the school at Dulwich College and been involved in guiding teams to National Finals. In addition to his work in schools, Mario coaches at Otter Water Polo Club (National League Div 2) and he oversees their junior programme. We are excited to welcome him to Dulwich Prep and look forward to what he will bring to our already thriving programme. (£120 per tern)

# Yoga

Ana has been practicing and teaching yoga since 1999. She has trained in both traditional yoga with renowned teacher Sri Swami Satchidananda and also more modern vinyasa styles with the Good Life Yoga School and yoga for children with YogaBeez in London. While she encourages children to build strength, flexibility and find balance, she also teaches students to use breath to aid movement and focus. Classes end with deep relaxation, positive visualisation or meditation. If you are interested in finding out more about these sessions please visit <a href="https://www.yogawithana.co.uk">www.yogawithana.co.uk</a>

(£120 per term for online and in school sessions) (12 Boys).

